



## WORD

8Now if we died with Christ, we believe that we will also live with him. 9For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. 10The death he died, he died to sin once for all; but the life he lives, he lives to God. 11In the same way, count yourselves dead to sin but alive to God in Christ Jesus. 12Therefore do not let sin reign in your mortal body so that you obey its evil desires.

Romans 6:8-12

## WHAT

*What does the Bible say?*

When Jesus saved the world by dying on the cross, He made available a new kind of life for mankind. However, not everyone understands what this new life entails that is why many who already received Jesus' gift of salvation still live in their old defeated ways. What truths do we need to know about God's gift of life through Jesus so we can thrive in it?

- **We are now dead to sin.**

*6For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin—  
7because anyone who has died has been freed from sin.*

Romans 6:6,7

**Accepting Jesus' gift of salvation means that we are united with Christ in His death. This means that our old sinful selves were crucified with Christ so that sin might lose its power in our lives. And just as dead people do nothing and do not respond to anything, that should also be our response to sin (Colossians 3:5-9). What does the Bible mean with "we are no longer slaves to sin?"**

- **We now live for God.**

*10The death he died, he died to sin once for all; but the life he lives, he lives to God. 11In the same way, count yourselves dead to sin but alive to God in Christ Jesus.*

Romans 6:10,11

**Just as we are united in Jesus' death, the good news is, we also share in His life (Philippians 3:10,11)! Because the life of God is in us, we are empowered by the Holy Spirit who enables us to overcome the temptations in this world. Aside from the power to say "no" to sin, what else did Jesus promise us regarding a life in Him (John 10:10)?**

- **We now live free and no longer slaves to sin.**

*24Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. 25Since we live by the Spirit, let us keep in step with the Spirit.*

Galatians 5:24,25

**Knowing that we are dead to sin and alive in God because of what Jesus did for us, what should be our rightful response to sin? Living in righteousness starts with the decision to follow God and His ways without any fear or worry because God Himself gives us the power to reject sin through the Holy Spirit (Titus 2:11,12). In what instances have you seen this power at work in your life?**

## SO WHAT

*What is the relevance of the Word to my life?*

- What are the changes in your life since you became a Christian?
- In light of the fact that we share in Christ's death and resurrection, how does your life reflect what Jesus did for us?
- Do you consider yourself dead to sin or do you still struggle in some areas of temptation? What does the Word say about how to overcome these?

## NOW WHAT

*How do I apply the Word to my life?*

- What are the common struggles or temptations that you face and what are some practical steps you need to take to overcome them?
- How can we strengthen our faith in Christ and what He has done for us so that we can live victoriously?
- Who can you encourage and help today to walk in God's ways and experience God's gift of life?